

# **The Kings Arms, East Stour, Sunday Menu.**

Enjoy our excellent Sunday carvery with a choice of five succulent roast meats. We operate a one visit carvery with the emphasis being on quality.

**One Course Carvery £11.95**

**Childs Carvery            £9.50**

## **Starters.**

Choice of homemade soups of the day with a crusty roll and butter.  
£5.00 (G V)

Wild and button mushrooms in a creamy wine and garlic sauce with ciabatta bread.  
£6.20 (V)

Geo Cockburn's famous haggis and black pudding with streaky bacon, mini sausage, tattie scone and fried egg.  
£6.80

Hand rolled pulled pork and Granny Smith spring rolls with apple compote and bean sprout salad.  
£6.80

## **Main courses.**

Mixed vegetable and nut roast with vegetarian gravy or Traditional Greek Spanakopita. (V)  
(Including carvery vegetables and potatoes).  
£11.00

Braised shank of English lamb on bubble and squeak mash with port and red wine gravy.  
£14.00

8oz Rib Eye steak cooked to your liking with Chips, tomato, mushroom and onion rings. £15.00 Add a pepper sauce or haggis and whiskey sauce for an extra £2.20.

## **Pub favourites.**

**Home made beefburger in a toasted floured bap with cheese, bacon, chips and onion rings.**

**£10.00**

**Oven baked mature Cheddar cheese macaroni served with fresh chips or garlic bread. (G) (V)**

**£8.50**

**Homemade minced beef lasagne topped with mature cheddar served with fresh chips, garlic bread and side salad.**

**£10.00**

**Three-egg omelette filled with ham, mushroom, cheese or tomato with fresh chips and side salad. (G) (V)**

**£8.00**

**Deep fried whole tail scampi (12) served with fresh chips, garden peas and side salad.**

**£10.00**

**Steak and kidney pudding with red onion marmalade and chips or vegetables from the carvery.**

**£10.50**

**Medium spiced chicken thigh curry, basmati rice, poppadom and a few chips.**

**£10.50**

**Horseshoe gammon steak with two fried eggs and chips.**

**£10.00**

**Salmon, Pollock and prawn pie bound in a cheese and parsley sauce topped with mash potato with garden peas. (G)**

**£11.00**

# Children's Menu

We encourage well behaved children to visit our inn therefore the following options are available for the smaller appetite.

2 pork sausages with creamy mash and gravy.

Ham egg and chips.

Cheese burger in a floured Bap with chips or vegetables.

Lasagne with chips and garlic bread.

Chunky salmon and white fish pie with chips and peas.

Macaroni cheese with chips or garlic bread.

All main courses are served with either chips or vegetables and potatoes.

**£7.95**

Including a draught soft drink and an ice cream sundae.

(Should your child prefer an alternative to our choice of food then please ask your server and we will do our utmost to please them).

## Sunday Sweets

Vanilla & white chocolate panacotta, raspberry ripple ice cream.  
£5.45 (G)

Traditional sherry trifle with whipped cream.  
£5.45

Home made fruit crumble with custard or vanilla ice cream.  
£5.45

Hot Belgian waffle, vanilla ice cream and dark chocolate sauce.  
£5.45

Lemon and orange cheesecake with raspberry sorbet.  
£5.45

Banoffee pie with whipped cream and vanilla ice cream.  
£5.45

Sticky toffee pudding with custard or ice cream.  
£5.45

Forest berry, cream and meringue "Eton mess", vanilla ice.  
£5.45

Selection of luxury ice creams.  
£5.45 (G)

Teas or fresh bean to cup coffees with mint from £2.50

**ITEMS ON OUR MENUS MARKED WITH A (G) CAN BE MADE GLUTEN FREE. GLUTEN FREE ROAST POTATOES AND GLUTEN FREE GRAVY ARE AVAILABLE ON REQUEST. PLEASE FEEL FREE TO DISCUSS ANY DIETARY REQUIREMENTS WITH ANY OF OUR CHEFS. (V)=VEGETARIAN.**